



RUSH MEMORIAL HOSPITAL
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Surgical Wash Prep

Surgical Wash

Instructions for Surgical Wash:

- Get in the shower, wash face, hair, and groin like normal.
- Take Hibiclens wash and place on the clean sponge.
- Scrub from the neck down, avoiding the groin (you may need help with this because you will do front and back).
- Let the soap sit for 2 minutes then rinse off with water.
- **DO NOT WASH** with any other soap or cleaners afterward.
- Towel dry with a clean towel like normal.
- Use clean bed sheets.

Instructions for Surgical Wipes:

After your Hibiclens shower follow the instruction below.

Use your surgical wipes and prepare each area:

- **1st wipe:** Wipe your neck and chest including under the breasts.
- **2nd wipe:** Wipe both arms starting each with the shoulder and ending at the fingertips. Be sure to thoroughly wipe the arm pit areas.
- **3rd wipe:** Wipe both hips followed by the creases at the tops of the legs. Be sure to wipe folds of the abdomen and the umbilicus (belly button).
- **4th wipe:** Wipe the front of both legs starting at the thigh and ending at the toes.
- **5th wipe:** Wipe your back starting at the base of the neck and ending at your waistline. Cover as much area as possible. Assistance may be required.
- **6th wipe:** Wipe the back of both legs starting at the buttocks and ending at the heels.